



NEW DIRECTIONS

Career Center

When your life needs to change, you need a place to turn.
That place is *New Directions*.

New Directions Career Center offers programs to help support, educate, and guide you through the next phase of your life.

NEW DIRECTIONS - Meets weekdays from 9am – 3pm

New Directions is designed exclusively for women and empowers participants to change their lives with holistic support and expert career guidance. In this program, participants will explore career options that match their interests and values; identify and overcome barriers to meaningful employment; and create a realistic, achievable plan for change.

Full, 16-Day Version—meets four days per week for four weeks

February 20 – March 15, 2018	August 13 – September 7, 2018
April 23 – May 17, 2018	October 15 – November 8, 2018
June 4 – 28, 2018	

Accelerated, 10-Day Version—meets five days per week for two weeks

January 22 – February 2, 2018	July 16 – 27, 2018
March 12 – 23, 2018** held offsite	December 3 – 14, 2018

TOPICS INCLUDE

- MAKING TIME FOR SELF & SELF CARE
- DEFINING SUCCESS IN YOUR CAREER
- IDENTIFYING CAREER VALUES
- UNDERSTANDING CAREER PERSONALITY
- SKILLS & INTERESTS ASSESSMENTS
- SELF ESTEEM & SELF COMPASSION
- ASSERTIVE COMMUNICATION
- EXPLORING CAREER RESOURCES
- OVERCOMING BARRIERS
- SELF – MARKETING STRATEGIES
- RESUME WRITING & INTERVIEWING
- NETWORKING & LINKEDIN
- INFORMATIONAL INTERVIEWS
- GOAL SETTING & PLANNING

PRIOR REGISTRATION
IS REQUIRED.

Please contact us at
614-849-0028 or visit
www.NewDirectionsCC.org

ADVANCED CAREER TECHNIQUES

A three-session program for all adults offering strategies to improve self-marketing skills and increase confidence in the job search to successfully engage employer interest. Topics include Résumé Writing, Job Searching, Interviewing, and more.

Evening Program held M, T, W from 5-9 PM

February 5, 6, 7, 2018	July 30, 31, August 1, 2018
March 19, 20, 21, 2018	September 10, 11, 12, 2018
April 23, 24, 25, 2018	November 12, 13, 14, 2018
June 11, 12, 13, 2018	December 10, 11, 12, 2018

Daytime Program held M, T, W from 9 AM—1 PM

May 21, 22, 23, 2018	October 1, 2, 3, 2018
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Thanks to the generosity of our community and corporate sponsors, we serve individuals regardless of their ability to pay.
Transportation & child care assistance are available to eligible participants.



Graduate Services

When you change your direction, you change your life.

We offer a series of experiences to keep you moving in the right direction. Graduate Services are available to clients who complete one or more of our programs.

Employment Services

Our Employment Service is available to graduates who wish to receive help with job searching, résumé writing, self-marketing and networking opportunities, and identifying employment leads that match their individual qualifications and career goals.

Individual Career Counseling

Graduates are eligible to meet with a Licensed Counselor to discuss occupational questions and challenges, such as overcoming barriers, improving wellness, further clarification of goals and more. Sessions are tailored to an individual's specific needs and working pace, and are held in a private setting.

Directions to Success Support Groups

Women who graduate from our New Directions programs (16 or 10-Day) are eligible to attend regular group meetings for ongoing support, encouragement, and information.

Meet the Recruiter

Central Ohio employers will be on-site to give an overview of their organizations, discuss any open positions, provide insider tips for employment applications, and more.

Complimentary Money Coaching Session

A member of the Financial Planning Association of Central Ohio will provide expert guidance on matters of debt, credit, savings, budgets, bankruptcy, retirement, and more.

New Directions Career Center | 199 East Rich Street, Columbus, Ohio 43215

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