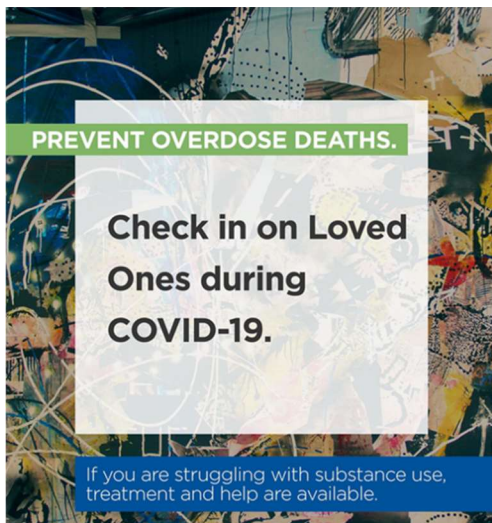


# A MESSAGE FROM THE OFFICE OF ADAMH FRANKLIN CEO ERIKA CLARK JONES



There has been a surge in overdose deaths in Franklin County. From Friday, April 10 at 10 a.m. to Saturday, April 11 at 10 a.m., there have been 11 suspected overdose deaths. Over the past seven days there has been an average of 12 overdose deaths daily. There is an increasing concern about methamphetamine being laced with fentanyl.

Columbus Public Health has asked that community partners share a consistent message with the community. The message and graphic are listed below. Please share with your networks.



These are uncertain and stressful times for everyone. Isolation and physical distancing from our friends and family, has resulted in many drinking more alcohol and experimenting with drugs to cope with fear, depression and boredom. We have had an increase in drug overdose deaths in the past 24 hours. Please check in on those you love! And always have naloxone on hand. **Get free naloxone by mail here:** [columbus.gov/cfcap](https://columbus.gov/cfcap)

Providers in ADAMH System of Care are accepting new clients. See a full list here: [adamhfranklin.org/find-help/our-network](https://adamhfranklin.org/find-help/our-network).

## Emotional Support Line



If you are feeling stressed, overwhelmed or lonely during this time of uncertainty, talking to someone can help. You can call 614.276.CARE (2273) to talk to a licensed Netcare Access social worker or counselor who can provide emotional support and direct you to helpful resources. You can also chat online by visiting [NetcareAccess.org](https://www.netcareaccess.org) or [ADAMHFranklin.org](https://www.adamhfranklin.org).



## Crisis Services

If you or someone you care about is experiencing a mental health or addiction crisis, please utilize these local resources:

**Netcare Access (Adults)** 614.276.CARE (2273)

**Nationwide Children's Hospital (17 and under)** 614.722.1800

### Crisis Text Line

Text the keyword "4hope" to 741 741 to be connected to a trained Crisis Counselor within 5 minutes. The Crisis Text Line is a free, confidential service available 24/7 via text on mobile devices.

### Suicide Prevention Hotline

614.221.5445\*

\*Text Line available Monday – Friday noon to 10 pm

## Recovery Resources

### The P.E.E.R. Center Warmline – 614.358.TALK (8255)

The PEER Center has expanded the Warmline for non-crisis peer support to 18 hours a day, 9 am to 3 am. The Warmline is staffed by individuals in long-term mental health, addiction and trauma recovery.

### MyRecoveryWorks

MyRecoveryWorks (Southeast Healthcare) is offering Peer Support. All Peer Supporters are available to provide support and resource/linkage information that someone may need by phone. You can go to [myrecoveryworks.com](http://myrecoveryworks.com) to find the number for a Recovery Guide.

## COVID-19 Resources

### Ohio Coronavirus Website and Call Center

[coronavirus.ohio.gov/](http://coronavirus.ohio.gov/)

1.833.4.ASK.ODH (1.833.427.5634)

Open 7 days a week from 9 a.m. to 8 p.m.

### Ohio Department of Health

[odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Novel-Coronavirus/Resources-for-the-Public/Resources-for-the-Public](http://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Novel-Coronavirus/Resources-for-the-Public/Resources-for-the-Public)

### Centers for Disease Control and Prevention (CDC)

[www.cdc.gov/coronavirus/2019-ncov/index.html?deliveryName=USCDC\\_964-DM18041](http://www.cdc.gov/coronavirus/2019-ncov/index.html?deliveryName=USCDC_964-DM18041)

### Franklin County Public Health

[myfcph.org/2019-novel-coronavirus/](http://myfcph.org/2019-novel-coronavirus/)

### Columbus Public Health

[www.columbus.gov/coronavirus/](http://www.columbus.gov/coronavirus/)

## STAY CONNECTED

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